

## Training Calendar - 2010

### January

Family Planning Health Worker Certification  
**January 14, 21, & 28**

How to Talk to Clients about HPV  
**January 26**

### February

How to Meet Title X Guidelines for Talking to  
Teens about Sexual Coercion and Family  
Involvement  
**February 18**

Sterilization Counseling  
**February 23, 24 & 25**

### March

Family Planning Health Worker Certification  
**March 3, 4 & 5**

How to Talk to Teens about Long Acting  
Reversible Contraceptives  
**March 25**

### April

Pregnancy Counseling  
**April 7 & 8**

Family Planning Health worker Certification  
**April 15, 22 & 29**

### May

How to Provide Services to Males  
**May 7**

Family Planning Health Worker Certification  
**May 26, 27 & 28**

### June

How to Talk to Clients about Sex & Drugs  
**June 10**

Family Planning Health Worker Certification  
**June 15, 22 & 29**

## California Family Health Council, Inc.

CFHC is a non-profit organization working to improve the health of families across the state by increasing access to family planning, improving reproductive health care services and ensuring access to comprehensive health services.

## Title X Training

As the Title X Basic Contraceptive Service grantee in California, CFHC is committed to providing quality and timely training events for Title X National Family Planning Program providers. Training topics are determined through a variety of methods. Four training workshops are provided on a regular basis: Family Planning Health Worker Certification, Contraceptive & Counseling Update, Sterilization Counseling Certification, and Pregnancy Counseling. Additional training topics are determined by federal requirements, an annual survey of Title X program staff, and training evaluation forms.

## Continuing Education

Many of our workshops offer continuing education units, such as nursing contact hours or CHES credits.

**PRODUCED BY:**  
**California Family Health Council, Inc.**

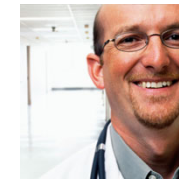
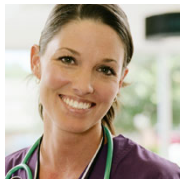
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**Center for Health Training Inc.**  
&  
**The California Wellness Foundation**



## Training Calendar January - June 2010

Professional Development for  
Reproductive and Sexual Health  
Program Staff





### **Family Planning Health Worker Certification Course**

This 3-day course will help staff of family planning programs:

- Develop the skills to be an effective health educator and counselor.
- Learn up-to-date information to use with clients.
- Find easy-to-understand ways to explain that information to clients.

### **Pregnancy Counseling**

This 2-day course will help counselors:

- Learn State and Federal requirements for providing pregnancy options counseling.
- Identify personal values and beliefs that may affect pregnancy counseling.
- Develop skills to become a thoughtful and effective pregnancy counselor.

### **Sterilization Counseling Certification Course**

This 3-day course will help counselors:

- Develop skills to become an effective sterilization counselor.
- Learn practical and up-to-date information that clients need to know in order to give informed consent.
- Guide clients through a process of introspection to help minimize future regret.

### **The How-To Series**

This series of short (2-3 hours) workshops will offer practical guidance around a range of topics that relate to providing reproductive health services. Each workshop will aim to enhance knowledge, counseling skills, and service provision for your clients. Topics for the first half of 2010 include:

- Talking to clients about HPV
- Talking to teens about long acting reversible contraception
- Providing services to males
- Talking to clients about drug use and sexual health
- How to meet Title X guidelines for talking to teens about sexual coercion and family involvement

### **On-Site Workshops: Training That Comes to You**

CFHC is pleased to be able to bring training on-site to your program staff.

On-site training means:

- ✓ **High quality training**
- ✓ **Convenience**
- ✓ **Low cost**

On-site training has many advantages:

- ✓ **Dates and times that fit your schedule**  
Our trainers can plan around your scheduling needs.
- ✓ **Train your entire staff**  
Your entire program staff learns the same information and skills. Lessons learned more easily translate into direct action at your agency.
- ✓ **Customize your workshops**  
Workshop content can be modified to meet your unique training needs.

To coordinate a workshop at your agency, contact Chuck Marquardt, Director of Training, at: (213) 386-5614 ext. 4583, or via e-mail at [marquardtc@cfhc.org](mailto:marquardtc@cfhc.org).

### **For More Information**

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